



# CAPITOL MARKET®

CATERING MENU



# CAPITOL MARKET

Capitol Market is a 501(c)3 nonprofit, which houses nine indoor businesses yearround. Several of these businesses offer catering for groups and large parties. This guide is intended to serve as a reference for those options. Should you be interested in booking one of the businesses for catering, please reach out to them directly.

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Soho's

The Purple Onion Fresh Fruit & Veggie Co.

Johnnies Fresh Meat Market

Sushi Garden

Bogey's at Capitol Market

The Wine & Cheese Shop

Mea Cuppa

Holl's Swiss Chocolates

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304-344-1905

800 Smith Street, Charleston, WV 25301



304-720-7647

## PASTA

	<i>Large</i>	<i>Small</i>
Meat Lasagna .....	185 .....	100
Vegetable Lasagna .....	165 .....	90
Spaghetti & Meatballs .....	165 .....	90
Chicken Alfredo .....	180 .....	105
Chicken Piccata .....	180 .....	105
Chicken Marsala .....	180 .....	105
Cajun Chicken .....	180 .....	105
Cajun Shrimp .....	190 .....	105
Canneloni .....	170 .....	85
Five Cheese .....	140 .....	75
Cheese Manicotti .....	140 .....	75
Meatballs .....	150 .....	80

## SALADS

Chopped Salad .....	90 .....	50
Caesar Salad .....	80 .....	45
Antipasta .....	160 .....	90
Chicken & Artichoke Salad .....	120 .....	70
Caprese Salad .....	100 .....	60

## FISH

Salmon .....	200 .....	105
Seared Tuna .....	200 .....	105
Shrimp .....	180 .....	95
Bourbon Salmon & Shrimp .....	250 .....	150

## SIDES

Risotto Cakes .....	70 .....	40
Mushrooms & Green Beans .....	80 .....	50



304-720-7546

**SANDWICH PLATTERS**

Italian Wrap .....	140	80
Deli Sandwich .....	140	80
Deli Wrap .....	140	80

**FRUIT & VEGETABLE PLATTERS**

Vegetable .....	130	70
Fruit .....	140	80
Cheese & Crackers .....	120	65

**DESSERT PLATTERS**

Bread Pudding .....	100	55
Tiramisu .....	130	70
Brownie .....	90	50
Cannoli .....	80	55
Cookies .....	70	40

**SINGLE PIE**

Carrot Cake .....	60
Cheesecake .....	60
Peanut Butter .....	60



**Individual Lunches**

**\$12 Lunch  
Option**

**Sandwich**

Chicken Salad Sandwich  
Egg Salad Sandwich (Vegetarian)  
Cheese Salad Sandwich  
Deli Style Turkey Sandwich  
Deli Style Ham Sandwich

**UTZ Chips**

Plain Potato Chips  
Ripple Potato Chips  
BBQ Potato Chips  
Sour Cream & Onion Potato Chips

**20oz Beverage**

Coke  
Diet Coke  
Coke Zero  
Sprite  
Dr. Pepper  
Sweet Tea  
Unsweet Tea  
Water

**\$15 Lunch  
Option**

**Salad**

Turkey Chef Salad on Iceberg  
Chicken Salad on Spring Greens  
Greek Salad on Chopped Romaine  
(Vegetarian/Vegan)  
Grilled Chicken Salad on Mixed Greens  
Spinach Salad (Vegetarian/Vegan)

**Dressings**

Ranch  
Honey Mustard  
Italian  
Balsamic  
Raspberry Vinaigrette

**Cut Fruit Bowl**

**20oz Beverage**

Coke  
Diet Coke  
Coke Zero  
Sprite  
Dr. Pepper  
Sweet Tea  
Unsweet Tea  
Water



**BOAR'S HEAD MEAT & CHEESE TRAYS**

**EXTRA LARGE ..... \$129.95**

- four 1.5 lb meats
- four ½ lb cheeses
- one mayo or mustard

**LARGE ..... \$99.95**

- four 1 lb meats
- four ½ lb cheeses
- one mayo or mustard

**MEDIUM ..... \$69.95**

- four ¾ lb meats
- three ½ lb cheeses
- one mayo or mustard

**SMALL ..... \$49.95**

- four ½ lb meats
- two ¼ lb cheeses
- one mayo or mustard

**CUBED CHEESE TRAY ..... \$44.95**

- up to eight ½ lb cheese cubes
  - may sub cheese for pepperoni or salami (4 lbs of meat)
  - upgrade to Boar's Head cheese **\$64.95**



# SUSHI GARDEN

681-265-9374

## SIGNATURE PLATTERS

### Special Platter 1

20 pcs \$34.99

8 pcs California Roll  
4 pcs Spicy Roll  
4 pcs Green Roll  
4 pcs Nigiri Sushi

### Special Platter 2

40 pcs \$52.99

8 pcs Sushi Garden Roll  
8 pcs House Roll  
8 pcs Regular Roll  
8 pcs Dynamite Roll  
8 pcs Spicy Roll

### Special Platter 3

56 pcs \$74.99

8 pcs Nigiri Sushi  
8 pcs Spicy Tuna Roll  
8 pcs Vegetable Roll  
8 pcs Mango Roll  
8 pcs California Roll  
8 pcs Rainbow Roll  
8 pcs Regular Roll

## SIGNATURE ROLLS

### California Roll

imitation crab, avocado, cucumber, sesame seeds

### Green Roll

eel, sweet sauce, cucumber with avocado topping

### Mango Roll

imitation crab, avocado, cucumber topping with assorted fish (tuna, salmon, eel, shrimp, etc.)

### Rainbow Roll

imitation crab, avocado, cucumber topping with assorted fish (tuna, salmon, eel, shrimp, etc.)

### Spicy Roll

tuna or salmon or shrimp or crab with cucumber, sesame seeds

### Sushi Garden Roll

imitation crab, cream cheese, avocado, shrimp and crab salad, spicy sauce, eel sauce and mayo

### Dynamite Roll

tempura shrimp, cucumber, avocado, mayo, eel sauce and crunchy onion

### House Roll

imitation crab, crab salad, spicy sauce, cucumber, avocado, eel sauce and tempura batter

### Nigiri Sushi

imitation crab, avocado, cucumber topping with assorted fish (tuna, salmon, eel, shrimp, etc.)

### Regular Roll

tuna or salmon or crab

### Spicy Tuna Roll

tempura shrimp, cucumber, avocado, mayo, eel sauce and crunchy onion

### Vegetable Roll

cucumber, carrot, avocado, sesame seeds



## FAMILY MEALS

### BOGEY'S SAMPLER (FEEDS 4-5) ..... 75

- 8 oz of bbq, turkey and tri-tip
- ½ chicken
- ½ rack ribs
- cole slaw
- potato salad
- mac n cheese
- baked beans
- fire-roasted corn
- 4 buns

## MEAT BY THE LB

(1 lb feeds 2-3)

<b>PULLED PORK BBQ</b> .....	<b>12</b>
<b>TURKEY</b> .....	<b>17</b>
<b>TRI-TIP</b> .....	<b>18</b>
<b>WHOLE CHICKEN</b> .....	<b>26</b>
<b>FULL RACK RIBS</b> .....	<b>28</b>

## SIDES

<b>FIRE-ROASTED CORN</b> .....	<b>12</b>
<b>COLE SLAW</b> .....	<b>10</b>
<b>POTATO SALAD</b> .....	<b>12</b>
<b>MAC N CHEESE</b> .....	<b>12</b>
<b>BAKED BEANS</b> .....	<b>12</b>





THE  
**WINE SHOP**

WINE & CHEESE SPECIALISTS

**304-343-9463**

**MEDIUM  
CHEESE TRAY**

three cheeses  
one meat  
one pack of crackers

**\$25 - \$45**

**LARGE  
CHEESE TRAY**

three to four cheeses  
one meat  
one pack of crackers

**\$50 - \$65**

The variety and price of cheese may vary.  
Accommodations are available based on customer  
request.



HANDCRAFTED SWISS CHOCOLATES

800-842-4512

**BOXES**

2 PIECE

\$4.50

4 PIECE

\$8.00

8 PIECE

\$14.00

**Truffle Flavors**

Classic Milk Chocolate  
Classic Dark Chocolate Truffle  
Mint Truffle  
Orange Truffle  
Croquant Truffle  
Passionfruit Truffle  
Mocha Truffle  
Royal Truffle  
Triple Sec Truffle  
Grand Marnier Truffle  
Irish Cream Truffle  
Raspberry Truffle  
Bittersweet Truffle  
Milk Chocolate Almond Rocher  
Dark Chocolate Almond Roche

Almond Gianduja  
Milk Chocolate Caramel  
Dark Chocolate Caramel  
Aztec Truffle  
Cashew Gianduja  
Milk Chocolate Cherry Cordial  
Dark Chocolate Cherry Cordial  
Coconut Truffle  
Hazelnut Gianduja  
Marzipan  
Peanut Gianduja  
Kahlua Caramel  
Bourbon Caramel  
Sea Salt Caramel  
Whiskey Truffle

